

Event

1	Girls 10/11 Medley Relay 4 x 1L	
2	Boys 10/11 Medley Relay 4 x 1L	
3	Girls 12/13 Medley Relay 4 x 1L	
4	Boys 12/13 Medley Relay 4 x 1L	
5	Girls 14/15 Medley Relay 4 x 1L	
6	Boys 14/15 Medley Relay 4 x 1L	
7	Girls Open Medley Relay 4 x 1L	
8	Boys Open Medley Relay 4 x 1L	
9	Girls 10/11 Freestyle 2L	
10	Boys 10/11 Freestyle 2L	
11	Girls 12/13 Backstroke 2L	
12	Boys 12/13 Backstroke 2L	
13	Girls 14/15 Breaststroke 2L	
14	Boys 14/15 Breaststroke 2L	
15	Girls Open Butterfly 2L	
16	Boys Open Butterfly 2L	
17	Girls 10/11 Backstroke 2L	
18	Boys 10/11 Backstroke 2L	
19	Girls 12/13 Breaststroke 2L	
20	Boys 12/13 Breaststroke 2L	
21	Girls 14/15 Butterfly 2L	
22	Boys 14/15 Butterfly 2L	
23	Girls Open Freestyle 4L (3L 33m)	
24	Boys Open Freestyle 4L (3L 33m)	
25	Girls 10/11 Breaststroke 2L	

Event

26	Boys 10/11 Breaststroke 2L	
27	Girls 12/13 Butterfly 2L	
28	Boys 12/13 Butterfly 2L	
29	Girls 14/15 Freestyle 2L	
30	Boys 14/15 Freestyle 2L	
31	Girls Open Backstroke 4L (3L 33m)	
32	Boys Open Backstroke 4L (3L 33m)	
33	Girls 10/11 Butterfly 1L	
34	Boys 10/11 Butterfly 1L	
35	Girls 12/13 Freestyle 2L	
36	Boys 12/13 Freestyle 2L	
37	Girls 14/15 Backstroke 2L	
38	Boys 14/15 Backstroke 2L	
39	Girls Open Breaststroke 4L (3L 33m)	
40	Boys Open Breaststroke 4L (3L 33m)	
41	Girls 10/11 Freestyle Relay 4 X 1L	
42	Boys 10/11 Freestyle Relay 4 X 1L	
43	Girls 12/13 Freestyle Relay 4 X 1L	
44	Boys 12/13 Freestyle Relay 4 X 1L	
45	Girls 14/15 Freestyle Relay 4 X 1L	
46	Boys 14/15 Freestyle Relay 4 X 1L	
47	Girls Open Freestyle Relay 4 X 1L	
48	Boys Open Freestyle Relay 4 X 1L	
49	Girls CANNON 8 X 1L	
50	Boys CANNON 8 X 1L	

SAFETY NOTICE

Coaches and Team Managers are reminded that ONLY those swimmers who have reached the standard ASA Preliminary Competitive Award are permitted to start with a shallow racing dive. Swimmers who have not reached this standard must start in the water. If there is a false start, you must continue with a shallow racing dive. You must NOT topple into the water with head downwards as this is dangerous.

If you are starting in the water you must lower yourself over the side. Do not jump or dive.

Swimmers are reminded to remove all jewellery in order to prevent accidental injury to themselves and others.

CHILD PROTECTION

In line with the ASA Child Protection Policy, no person may engage in any video, zoom or close range photography. This includes the use of mobile telephone with an image capturing facility.

For more information including results and gala fixtures visit www.mdjsl.net

Merseyside & District Junior Swimming League

AFFILIATED TO ASA NORTH WEST



Held under ASA Laws & ASA Technical Rules

Admission: Adults £2.50. Juniors & OAP's £1.00. Children under 12 FREE